



5/20/2015

NBRC Lap Pool

May 20-24

Pool Open 1:30-6PM, Monday, May 25th for Memorial Day.

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | |
|---------|--|---|---|---|--|--|--|--|-------------------------|
| 6:00am | Lap Swim 6:00-9:00 | Lap Swim 6:00-8:00 | Lap Swim 6:00-9:00 | Lap Swim 6:00-8:00 | Lap Swim 6:00-9:00 | 3 lanes open 7:00-9:00 Bldr Swim | | | |
| 6:30am | | | | | | | | | |
| 7:00am | | 4 lanes open 8:00-9:00 Drop-in H ₂ O Fit | | 4 lanes open 8:00-9:00 Drop-in H ₂ O Fit | | | | | |
| 7:30am | | | | | | | | | |
| 8:00am | | | | | | | | 2 lanes open 8:00-9:30 BAM | |
| 8:30am | | | | | | | | | |
| 9:00am | 4 lanes open 9:00-10:00 Drop-in H ₂ O Fit | Lap Swim 9:00-12:00 | 4 lanes open 9:00-10:00 Drop-in H ₂ O Fit | Lap Swim 9:00-12:00 | 4 lanes open 9:00-10:00 Flatirons | 4 lanes open 9:30-10:30 BAM | | | |
| 9:30am | Lap Swim 9:00-12:00 | | Lap Swim 9:00-12:00 | | Lap Swim 9:00-12:00 | | 4 lanes open 10:00-11:00 Flatirons | | |
| 10:00am | | | | | | 3 lanes open 10:30-11:30 BAM | | 3 lanes open 10:30-11:30 BAM | Lap Swim 11:00-12:00 |
| 10:30am | | | | | | | | | |
| 11:00am | Lap Swim 11:30-4:00 | | 4 lanes open 12:00-1:00 BAM | | 4 lanes open 12:00-1:00 BAM | Lap Swim 11:30-4:00 | 4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board | 4 lanes open 1:00-4:00 Open Swim, Drop Slide, & Diving Board | |
| 11:30am | | | | | | | | | |
| 12:00pm | | | | | | | | | |
| 12:30pm | | | | | | | | | |
| 1:00pm | | | | | | | | | |
| 1:30pm | | | | | | | | | |
| 2:00pm | | | | | | | | | |
| 2:30pm | | | | | | | | | |
| 3:00pm | | | | | | | | | |
| 3:30pm | | | | | | | | | |
| 4:00pm | 2 lanes open 4:00-6:00 Mesa & Flatirons | 2 lanes open 4:00-5:45 Mesa & Flatirons | 2 lanes open 4:00-6:00 Mesa & Flatirons | 2 lanes open 4:00-6:00 Mesa & Flatirons | 2 lanes open 4:00-6:00 Mesa & Flatirons | Lap Swim 4:00-6:30 | Lap Swim 4:00-7:30 | | |
| 4:30pm | | | | | | | | | |
| 5:00pm | 4 lanes open 5:45-6:45 Drop-in Zumba | Lap Swim 6:45-9:00 | 6 lanes open 6:00-9:00 Staff Training 5/20 Only. Lap Swim 5/27 | Lap Swim 6:00-9:00 | Lap Swim 6:00-7:00 | | | | |
| 5:30pm | | | | | | | | | |
| 6:00pm | 2 lanes open 6:30-8:00 BAM, Aqua Fitness, Aqua Training | | | | | | | | |
| 6:30pm | | | | | | | | | |
| 7:00pm | | | | | | | | | |
| 7:30pm | | | | | | | | | |
| 8:00pm | 6 lanes open 8:00-9:00 | | | | | | | | |
| 8:30pm | | | | | | | | | |
| 9:00pm | | | | | | | | | |

"Lanes open" indicates lanes open to the public.

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-413-7260 or go to www.boulderaquatics.org